

Addendum: Additional Policies for Pre-primary Students at the Delray Beach Campus

Behavioral Guidelines:

At the Delray Beach Campus we prioritize fostering a positive and respectful learning environment. Our approach to student behavior is rooted in positive redirection and continuous modeling of desirable conduct. Safety is our utmost concern, and we allow time for self-correction in situations where safety is not compromised. Our students will be encouraged to explore freely and thoughtfully and learn from their actions.

In instances where guidance is needed, we may temporarily separate children to provide them with the opportunity to reflect on their actions before rejoining their peers. Conflict resolution skills are actively taught, enabling students to effectively resolve conflicts and develop positive peer relations. Discipline is viewed as guidance rather than punishment. We establish clear boundaries and communicate expectations on an age-appropriate level. Our disciplinary approach is founded on fairness, love, and consistency.

Health and Safety Guidelines:

Ensuring the health and well-being of our students is a top priority. If any child is suspected of having a communicable disease or displays symptoms such as:

- 1. Persistent and/or productive cough.
- 2. Yellow or green mucus.
- 3. Difficult or rapid breathing.
- 4. Stiff neck.
- 5. Temperature of 100 degrees Fahrenheit or higher.
- 6. Unusually dark urine and/or gray or white stool.
- 7. Yellowish skin or eyes.
- 8. Vomiting.
- 9. Diarrhea.
- 10. Conjunctivitis (pink eye)
- 11. Untreated skin rash.
- 12. Pediculosis (head lice, nits) a child who has head lice shall not be permitted to return until treatment has occurred. Treatment shall include the removal of all lice, eggs, and egg cases (nits).
- 13. Any other unusual sign or symptoms of illness.



Parents or authorized guardians will be promptly notified. The child must be picked up from School as soon as possible. Children may only return to the School once they have been symptom-free for 24 hours without the use of fever-reducing medication. In some cases, a doctor's note may be required for re-entry.

Under extraordinary circumstances, such as widespread illness among staff or students, or in the event of a serious outbreak, the School may temporarily close to allow for thorough disinfection procedures to ensure the well-being of our entire community. We appreciate your cooperation and understanding in adhering to these health and safety guidelines.

Lunch and Snack Guidelines

At Gulf Stream School's Delray Beach Campus, lunches or snacks are not provided and must be prepared and brought from home. Understanding the importance of good nutrition for children's overall development and well-being, we have established the following guidelines to ensure the safety and success of all students during meal and snack times:

Food Preparation and Safety:

- Choking Hazards: All food items must be prepared and cut to eliminate any choking risks. For example, grapes should be halved or quartered, and carrots should be cut lengthwise. Any food that presents a risk of choking will be sent back home.
- Nut Policy: Refer to our Nut Policy on page 29 for more details.
- Lunchbox Packing: Please pack lunch and snack items in a single lunch box with an ice pack. Refrigeration is not available at the Delray Beach Campus. All uneaten items will be sent home in your child's lunch box so you can monitor what your child has eaten daily.

Promoting Independence:

Meal times are an opportunity for children to develop fine motor skills, self-help abilities, and independence. Please consider the following when packing lunches:

- Ease of Eating: Ensure that foods are easy for children to handle and consume on their own.
- Readiness to Serve: Prepare lunches that are ready to be served to minimize delay as well as the staff's workload during this busy time.



Your cooperation in following these guidelines is greatly appreciated, as it helps create a safe and supportive environment for all students during lunch and snack times.

Dress Code:

Pre-K1 and Pre-K2 Dress Code

Monday-Friday:

• Uniforms are not required for PK1 and PK2 students.

Daily Clothing Guidelines:

- 1. Clothing: Children should wear clothing that is suitable for a variety of activities that can be easily managed to meet bathroom and diaper changing needs.
- 2. Avoid: Items such as suspenders, belts, onesies, rompers, long dresses, costumes and overalls that can cause tripping or bathroom mishaps

Footwear Requirements:

- 1. Closed-Toed Shoes: Children must wear closed-toed shoes with socks, such as tennis shoes, for safe play. Open-toed sandals, flip flops, dress shoes, crocs, and similar footwear are not allowed due to safety hazards.
- 2. Avoid: Boots, high-top shoes, and shoes with long or dangling shoelaces

Extra Clothing:

- 1. Full Change of Clothes: Each child must have a full change of clothes (top, bottoms, underwear, and socks) to be left at school in case of accidents.
- 2. Seasonal Outerwear: During cooler months, children are encouraged to bring a labeled jacket or sweater that can be left at school.



Labeling:

• All clothing and items brought to school must be marked with the child's name to prevent loss and confusion.

Pre-K3 Dress Code

Monday-Friday:

- Short-sleeved, white GSS polo shirt
- Navy skort or shorts, with elastic waistbands without belts
- Sneakers (no wheels or lights)
- White socks showing above the sneakers

Cooler weather options:

- Navy GSS cardigan
- White GSS turtleneck
- Navy leggings or sweatpants
- Navy GSS crewneck sweater or appropriate GSS spirit wear purchased from the School bookstore.
- Outerwear, such as jackets, may be worn when it is cooler, but are only permitted outside.

Diaper and Potty Expectations:

PK1 Diaper Expectations

- 1. Diaper/Pull-ups Requirement: All children must wear a diaper or pull-ups.
- 2. Soiled Clothing: Staff cannot wash soiled clothing due to CDC regulations. Soiled items will be placed in a ziplock plastic bag for parents to take home and wash.
- 3. Clothing Guidelines: Children should wear loose-fitting clothing that allows free movement. Avoid tight clothing, excessive snaps/buttons, and costumes.
- 4. Supply Requirements: Parents must supply diapers/pull-ups and extra clothing (including socks) daily.
- 5. Labeling: Ensure all items brought to school are labeled.



PK2 Diaper/Toilet Training Expectations

- 1. Diaper/Pull-up Requirement: Children must wear diapers or pull-ups or until fully potty trained and accident-free.
- 2. Readiness for Toilet Training: Children should show signs of readiness and be able to control their bladder and bowel movements.
- 3. Toilet Training Collaboration: Begin fundamental toilet training skills at home. Teachers will support and encourage children while at school.
- 4. Potty Encouragement: Children will be encouraged to use the potty every 30 minutes.
- 5. High Activity Level: Be aware that high activity may distract children from responding to potty urges.
- 6. Potty Willingness: Staff will not force children to use the potty.
- 7. Soiled Clothing Handling: Staff cannot wash soiled clothing due to CDC regulations. Soiled items will be placed in a ziplock plastic bag for parents to take home and wash.
- 8. Parent-Teacher Communication: Regular communication with teachers during potty training is essential and encouraged.
- 9. Naptime Diapering: A pull-up or diaper will be worn during naptime.
- 10. Toilet Training Goal: Children should be toilet trained before leaving PK2 and must be fully potty trained before entering PK3.
- 11. Clothing Guidelines: Children should wear loose-fitting clothing that they can manage independently. Avoid tight clothing, pants with snaps/buttons, overalls, costumes, and tight leggings.
- 12. Supply Requirements: Parents must supply diapers/pull-ups and extra clothing (including socks) daily.
- 13. Labeling: Ensure all items brought to school are labeled.

Pre-K3 Bathroom Expectations

- 1. Fully Potty-Trained Requirement: Students must be fully potty trained and able to use the bathroom independently on the first day of school.
- 2. Change of Clothes: Families should send a change of clothes to keep at school in case of accidents.
- 3. Fully Potty-Trained Behaviors:
 - Recognizing and verbalizing the need to use the bathroom
 - Undressing and redressing without assistance



- Sitting on the toilet independently
- Wiping independently
- Flushing the toilet
- Washing hands

4. Accident Protocol:

- Parents will be called to pick up children who have two urine accidents in a day or one bowel movement accident.
- Repeated accidents may result in the child being asked to stay home for extended practice until they can meet bathroom expectations.

Biting/Pushing Policy:

Understanding Biting/Pushing Behavior:

- Biting and pushing are not uncommon behavioral actions of toddlers as they are in transition and unable to utilize other forms of communication effectively.
- Our goal is to identify and resolve the causes of biting/pushing while ensuring the safety of all children and staff.
- If an incident occurs, parents of both the child who bit/pushed and the child who was bitten/pushed will be contacted. Children's names are not shared with either parent.

For the Child Who Was Bitten/Pushed:

- 1. First Aid: Clean the bite with soap and water; cover with a bandage if the skin is broken.
- 2. Notification: Parents of the injured child are notified.
- 3. Documentation: An "Incident Report" form is completed.



For the Child Who Bit/Pushed:

- 1. Immediate Response: The teacher will firmly say, "We do not bite/push," and ask the child to check in with the hurt child.
- 2. Discussion: The child discusses with the teacher how the hurt child might feel and explores other ways to handle frustration.
- 3. Notification: Parents of the biting/pushing child are notified.
- 4. Documentation: An "Incident Report" form is completed.

Preventive and Observational Measures:

- The child will be shadowed to prevent further incidents.
- Teachers will observe the child to identify triggers (teething, communication issues, frustration, etc.).
- The child will receive positive attention and reinforcement for good behavior.

Handling Recurring Incidents:

- 1. First Recurrence: If a child bites/pushes twice in one week (5 days) causing broken skin, bruising, or significant marks, a parent-teacher conference will be held to discuss behavior modification.
- 2. Second Recurrence: If the child bites/pushes twice again in one week (5 days) causing similar injuries, the child will be sent home and may return the next day.
- 3. Third Recurrence: If the child bites/pushes twice again in one week (5 days) causing similar injuries, the child will be asked to take a one-week break from school.
- 4. Behavior Reset: If the child goes two weeks (10 school days) without incident, the process resets to step one if biting/pushing occurs again.

This policy ensures a balanced approach, prioritizing the safety and well-being of all children while providing guidance and support to those learning to express themselves appropriately.